

# Conception, design and development of a low-cost intelligent prosthesis for one-sided transfemoral amputees

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Abstract Introduction: Modern transfemoral knee prostheses are designed to offer comfort and self-confidence to amputees. These prostheses are mainly based upon either a passive concept, with a damping system, or an active computational intelligent design to control knee motion during the swing phase. In Brazil, most lower extremity amputees are unable to afford modern prostheses due to their high cost. In this work, we present the conception, design and development of a low-cost intelligent prosthesis for one-sided transfemoral amputees. Methods: The concept of the prosthesis is based on a control system with sensors for loads, which are installed on the amputee's preserved leg and used as a mirror for the movement of the prosthesis. Mechanical strength analysis, using the Finite Element Method, electromechanical tests for the sensors and actuators and verification of data acquisition, signal conditioning and data transferring to the knee prosthesis were performed. Results: The laboratory tests performed showed the feasibility of the proposed design. The electromechanical concept that was used enabled a controlled activation of the knee prosthesis by the two load cells located on the shoe sole of the preserved leg. Conclusions: The electromechanical design concept and the resulting knee prosthesis show promising results concerning prosthesis activation during walking tests, thereby showing the feasibility of a reduced manufacturing cost compared to the modern prostheses available on the market. Keywords: Rehabilitation, Transfemoral amputees, Intelligent prostheses.

## Introduction

The number of people with lower extremity amputations has significantly increased in Brazil over the past decades. Automobile accidents and diabetes mellitus are considered the main causes for these amputations (Moss et al., 1992; Trautner et al., 1996). Although very little statistical data are available regarding lower extremity amputees that need any type of rehabilitation equipment, most of these people cannot afford modern prostheses that minimize discomfort and improve quality of life.

One of the prior powered prosthetics for above-knee amputees was based on an electro-hydraulically actuated knee joint (Flowers and Mann, 1977; Grimes et al., 1977). In this design, an echo control from the intact leg was used for the gait control of the powered knee. Two examples of the above-knee powered prosthetic are the Belgrade leg and the Waseda leg (Popović et al., 1991). Popović and Schwirtlich subsequently used the technique of dynamic programming to develop an active knee that was powered by DC motors and based on position tracking for optimal gait control (Popović et al., 1995, 1999).

Actual above-knee prostheses may be classified as either non-microprocessor or intelligent, of which several are available on the market. Passive or variable-damping knee prostheses are based on a mechanical hinge with speed and ease of swing controlled by the following mechanisms: free swing, manual lock, constant friction, weight-activated friction, geometric locking and hydraulics. The passive mechanisms do not require any external power source and are less adaptive to ground level or gait speed.

Recent advances in biomedical engineering have led to the construction of intelligent prostheses that can be electronically adjusted for individual subjects. By utilizing specific programs and sensor information, these prostheses may result in a more natural gait (Aaron et al., 2006; Sup et al., 2008; Herr and Wilkenfeld, 2003; Johansson et al., 2005; Kahle et al., 2008; Kapti and Yucenur, 2006; Laferrier and Gailey, 2010). The main differences in the design of these prostheses are in their damping systems because an adequate damping allows for fast transitions in stride velocity, which increases the autonomy of the amputee. There are three main types of damping systems: passive, semi-active and active.

The microprocessor controls the velocity and the stability with which the knee swings during the swing phase. These prosthetic knees are based on programmable sensors that detect the angular position of the knee throughout the gait cycle and send an input signal to the prosthetic knee. In some cases, the control system allows the prosthesis to adapt in response to different walking speeds and ground conditions.

Unilateral amputees have frequently reported that variable-damping prostheses offer less muscle fatigue and smoother movement when compared with other prostheses with mechanical passive damping (Buckley et al., 1997; Datta and Howitt, 1998). Utilizing a questionnaire, Kahle et al. (2008) showed that subjects who use the hydraulic-based C-leg (commercialized by Otto Bock HealthCare Deutschland, Duderstadt, Germany) demonstrated an improved performance and higher quality of life compared to subjects who use nonmicroprocessor above-knee prostheses. Johansson et al. (2005) reported a clinical comparison between two variable-damping above-knee prostheses (the hydraulic-based C-leg and magneorheological-based Ossur Rheo) and a passive mechanism (hydraulic-based Mauch SNSC). They showed several advantages of using the Rheo compared to the Mauch, including a decrease in metabolic rate by 5% in addition to biomechanical advantages of smoother gait, decreased hip work production and lower peaks for hip flexion at terminal stance and for power generation at toe-off.

Therefore, it can be stated that microcontrolled intelligent prostheses improve damping performance as a function of the stride velocity transition, with a reduction in oxygen consumption during walking, over a wide range of velocities (Datta et al., 2005; Johansson et al., 2005; Kahle et al., 2008; Schmalz et al., 2002; Taylor et al., 1996).

However, the cost of intelligent prostheses remains too expensive because they have a high aggregated cost due to the high-end technology used. Despite all of the positive effects and benefits of microprocessor-controlled prosthetic knees, such as C-Leg (Otto Bock), on gait speed, energy consumption and cognitive performance, resulting in a good quality of life for subjects, the cost is quite high (Brodtkorb et al., 2008). For most Brazilian families and the public health system, such expensive prostheses are unaffordable.

As a result, since 1990, the Brazilian government (Secretary of Science, Technology and Strategic Resources of the Ministry of Health) has encouraged multidisciplinary research groups to focus on the development of new technologies to improve the quality of life of amputees at an affordable cost. It is worth mentioning that a cost-effectiveness analysis has to be rigorously conducted for health care resource allocation by any government (Eichler et al., 2004), especially for emerging and poor countries. In summary, two main reasons justify the research in the development of low cost prosthetics: (a) the aging population and the subsequent increase in degenerative diseases that result in amputations and (b) the large number of Brazilian amputees that rely exclusively on the public health care system for rehabilitation (similar to many underdeveloped countries). Therefore, it is worthwhile to develop cost-effective prostheses to support the rehabilitation of amputees that rely exclusively on the public health care system. It is also our purpose to grant the use of the final product to the Brazilian public health care system and other nonprofit institutions that help and support amputees in their rehabilitation.

In this paper, we present the conception, design and development of a cost-effective intelligent prosthesis for unilateral transfemoral amputees.

## Methods

The conception, design and development of the powered knee prosthesis for unilateral transfemoral amputees is described in the present work by following the design methodology steps proposed by Norton (2004).

The prosthesis is designed to be based on a simple geometry and as lightweight as possible. All mechanical components were selected based on their abundant availability in the national market, to ensure that the maintenance and parts repair and replacement are easy and cost-effective. In addition, the system was proposed to work with affordable energy consumption.

The main mechanical subsystem of the prosthesis is knee articulation. This mechanism is active based on a microcontrolled micromotor (with an embedded 1:20 rotation reduction gear train) with a worm gear pair. Because only some gear teeth are in contact when they wear or crack, the gears should be rotated and remounted to increase the durability of the system. The mechanical system of the ankle is passive and based on a five-link mechanism and a helicoidal spring that absorbs shocks and acts as a returning system.

To optimize the materials selected and the shape for the structural parts of the knee and foot prosthesis, a mechanical strength analysis was conducted using the Finite Element Method (FEM).

The stress analysis of the main knee and leg parts was performed using the computer aided engineering (CAE) software ABAQUS<sup>®</sup> (licensed by Fundação Salvador Arena), which is a dedicated multipurpose FEM package. The ankle and foot parts have small geometric details that jeopardized the import process and mesh generation in ABAQUS<sup>®</sup>; therefore, these The geometric design was constructed using computer-aided design (CAD). SolidWorks® software (licensed by Fundção Salvador Arena) was used to simulate the stresses developed in the component parts of the prosthesis. The simulation was performed considering individuals with three different body masses: 90 kg, 85 kg or 70 kg. Figure 1 shows 3D views of the complete assembly of the prosthesis, with an emphasis on the main parts of the knee articulation.

To analyze the ankle joint, it was considered that the load was articulated about two points on the extremities and the drive spring. To simulate the feet, two distinct parts were considered, the front and rear portions, and a system of coordinates X, Y and Z that was used for the precise localization of the results.

The control system of the prosthesis is based on the amputee's preserved leg. In level-ground walking, the normal gait cycle can be divided into two main phases, the stance and swing phases, when the foot is in contact with the ground and in the air, respectively. The stance phase corresponds to approximately 60% of the gait cycle, while the swing phase is the remaining 40% (Kadaba et al., 1990; Kapti and Yucenur, 2006; Martinez-Villalpando and Herr, 2009).

An intelligent data acquisition system, based on sensors for loads, was installed on the amputee's preserved leg, which is used as a mirror (or pantograph) for the movement of the prosthesis. To detect the two different gait phases for the prosthesis activation, two load cells are installed on the shoe sole of the preserved leg, and an angular position sensor is installed on the prosthetic knee.

The loads used to calculate the stresses in the components were based on the pioneering study of Jonh P. Paul concerning the force transmitted in the human body during walking (Paul, 1971). To account for a more realistic Brazilian body type and to include a safety factor to the stresses, the original loads reported by Paul were scaled to a 90 kg male subject of 1.83 m height and a walking velocity of approximately 2.1 m/s.

The prosthesis system is controlled by a microcontroller model Microchip® PIC18F452 that acquires data from the pressure sensors and the angular sensor located on the prosthesis. This microcontroller displays the data on an alphanumerical LCD display and interfaces with the computer via RS232. The microcontroller, basically composed of an integrated L298 circuit, provides signals to control the driver of the prosthesis's motor.

Figure 2 shows a flowchart of the block diagram of the control system. The main digital circuits used

for the DC motor (H-bridge driver) control and for the load cells' signal processing are presented in Figure 3. The microcontroller used is a model 18F425, with 8 10-bit analog input channels. To verify the sensors' signals, an LCD display is used.

### Results

The stress contour plot and analysis results of the different parts of the prosthesis, i.e., in the prosthetic socket, the structural parts, and top and bottom parts of the artificial foot, are presented in Figure 4. Critical stresses in the parts for the conditions analyzed are below 90 MPa. Based on the stress results, the material selected for the structural parts was the aluminum alloy AA5052-H32 (hardness HB60, 193 MPa yielding



**Figure 1.** (a) 3D views of the above-knee prosthesis with (b) and (c) details of the knee components.



Figure 2. Flowchart with the block diagram of the prosthesis control system.



Figure 3. Analog front-end circuit for the load cells.

limit, 228 MPa ultimate stress limit and 117 MPa fatigue limit at  $5 \times 10^8$  cycles). Other material alloys, such as stainless steel or titanium, should also be considered for this application, but the cost could be a limiting factor.

The load cells were built from strain gauges embedded inside of aluminum pieces (20 mm and 50 mm diameter) (Figures 5a and 5b) and installed bellow the hallux and the heel (Figure 5c), respectively, which correspond to the regions of higher pressure in the foot sole during the gait phases (Kljajić and Krajnik, 1987; Liedtke et al., 2007; Wearing et al., 1999). The electrical signals from these sensors were treated in an instrumentation circuit using operational amplifiers and then connected to the microcontroller. The angular sensor fixed on the knee prosthesis consists of a potentiometer connected to the microcontroller, which allows for the monitoring of the angular position during the flexion and extension movements.

A micromotor through an H-bridge driver circuit activates the knee movement of the prosthesis. The nominal micromotor specifications are 12 VDC voltage, 4300 rpm rotation speed, 330 mA of current, 1.8 W of output power and a torque of 40 g.cm. The micro-motor is equipped with a 1:20 reduction system.

To check the main system characteristics and performance, a prototype was constructed. The different parts of the prosthesis were machined



Figure 4. Stress contour plots of the different components analyzed. Stresses in the (a) prosthetic socket, (b) structural parts, (c) bottom part of the foot and (d) upper part of the artificial foot.



Figure 5. Load cells: (a) 20 mm and (b) 50 mm diameter. (c) Load cells installed on the shoe sole below the hallux and the heel.

using a Computer Numerical System (CNC system). Figure 6 shows the mounted artificial knee and foot. The performance of the prosthesis components was analyzed using multiple devices, as shown in Figure 6. At this stage in the design, no tests with transfemoral amputees have been performed.

The activation of the prosthesis was analyzed in terms of the pressure on the load cells and the angular position displayed by the potentiometric sensor. Ten trials were conducted simulating slow walking, with each trial consisting of six consecutive walking steps. Phase gait duration was not taken into consideration, instead focusing on the synchronization and the time to drive the prosthesis by the signals from the pressure sensors. To analyze the prosthesis activation response, the step data from the pressure and angular position sensors were stored using a home-built data acquisition system for posterior plotting and analysis.

Figures 7 and 8 show the experimental curves obtained for the load cells response during gait, plotted together with the corresponding angular position of the knee prosthesis.

It can be observed that the load cells' response during the preserved leg extension and flexion showed



Figure 6. System to test the prosthesis components, including the artificial limb (a), the control system (b), the angular sensor (c), the shoe sole containing the load cells (d) and the computer for data storage and analyses (e). The enclosed figure (f) shows the fixation of the sole for the tests, and the enclosed figure (g) is the view of the knee system with the angular sensor.



**Figure 7.** Experimental curves of the variation of the heel and hallux relative pressure during gait, plotted together with the induced prosthesis knee angle.



Figure 8. Experimental curves of the variation of the heel and hallux relative pressures during one step motion, plotted together with the induced prosthesis knee angle.

that the detected signals correspond to the expected foot contact areas sequence, i.e., the heel followed by the hallux, with the corresponding relative pressures. As soon as the hallux of the preserved leg starts to lose contact with the sole, the angular position of the prosthetic knee increases up to a maximum value that corresponds to the maximum flexion allowed for the prosthesis, before returning to the extension position for sole contact. The synchronization for the circuitry feed of the microprocessor-controlled system is quite fast and did not show any failure during the different tests performed. The system worked smoothly, and the response time observed was adequate to provide comfort to the amputees.

## Discussion

This work presented the conception, design and development of an intelligent, low-cost prosthesis for one-sided transfemoral amputees.

Several simulations and tests were performed, including mechanical strength analysis to select materials for the structural components through the Finite Element Method, electromechanical tests for the calibration of the sensors and actuators and tests of the electronic circuits for verification of data acquisition, signal conditioning and data transfer to the knee prosthesis.

The experimental tests for the activation of the knee prosthesis, in terms of the dynamic response during flexion and extension during a slow walk, showed results consistent with the required features of the prosthesis. Of these features, the prosthesis achieved a good correlation between angular position of the prosthetic knee joint and the foot sole contact pressure of the preserved leg. In the present study, only two contact areas of the sole were considered for the activation of the flexion and extension of the knee prosthesis. This approach to monitoring the sound leg ground reaction, also referred to as "echo control", as a control signal for the above-knee prosthesis was first reported by Flowers and Mann (1977), Grimes et al. (1977) and Bar et al. (1983). More recently, Joshi et al. (2010) and Vallery et al. (2011) used a similar system. The "Power Knee", which is commercialized by the Ossur Company, uses a similar echo control approach in which sensors on the sound leg are used to optimize the patient's gait.

Nevertheless, using only the preserved leg to control the above-knee flexion and extension is a simple system and has some limitations, including a lack of precise and smooth gait control for any self-selected walking speed. Most of the recent developments in gait control for above-knee prosthesis are based on instrumented shoes coupled to the prosthesis, as reported by Bar et al. (1983), Herr and Wilkenfeld (2003) and Kapti and Yucenur (2006). Compared to our approach, which is based on the echo control, when the load sensors are installed on the prosthesis foot, there are limitations for cyclic and symmetric patterns and the use for only unilateral amputees.

Even though the prosthesis proposed in the present work is based on a simple control mechanism, it can be classified as an intelligent powered above-knee prosthesis that be controlled by only one embedded DC motor. This is in contrast to current prosthetic controllers that are highly complex and intelligent through the use of sophisticated rules, which in turn make them more costly.

Compared to passive above-knee prostheses, the powered prostheses require a battery and associated weight and power consumption. In the present design, the power supply and the DC motor are installed inside of the prosthesis, allowing for a reduced size, as suggested by Bar et al. (1983) in the group's early work. We have also used only one DC motor, a microcontrolled micromotor, which is a more compact solution compared to other designs proposed, such as that of Kapti and Yucenur (2006) or Martinez-Villalpando and Herr (2009).

We have developed a microprocessor-powered knee prosthesis for unilateral transfemoral amputees. The prosthesis was designed to be compact and inexpensive and is based on an echo control for the preserved leg.

It was found that only two load sensors installed in an instrumented sole for the preserved leg were required to easily and smoothly activate the flexion and extension of the prosthetic knee. The electronic circuitry, including the load cells used to control the prosthesis activation and the micromotor drive, could easily be adjusted for different walking speeds and knee joint angles, thereby ensuring the safety of the transfemoral amputees.

Further research is needed to improve the system characteristics and verify if this adopted electromechanical concept could allow a reduction in the estimated manufacturing cost of the prosthesis, compared to commercially available microprocessor active prostheses. In addition, it is necessary to test the system in humans to confirm the results of the prototypes.

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